

3/20/2020

Dear Saint Christopher Parish Family,

Staying United in Faith at Saint Christopher's

As the Church walks through the desert with Jesus in a more pronounced way this Lent, we must remember that each of us is a still living part of His mystical body, the Church. Even without assembling together at the Holy Mass, we are called to remain united in faith, hope, and love. Our country and the world are in great need of prayer warriors right now and it's important that we remain strong in offering our petitions and praises to Almighty God!

Here are ideas to grow closer to God in the days ahead:

Personal Prayer Time and Confessions at the Parish

St. Christopher's Parish will remain open for prayer Monday through Friday from 9 am to 3 pm, Saturdays 9 to 3:30 pm. Please use the side door of the church. You are invited to come spend peaceful time with Our Eucharistic Lord and pray for the world.

Eucharistic Adoration and Confessions will take place on Tuesdays of Lent from 6 pm to 7pm. Confessions will also still be available from 3:00 - 3:30 pm on Saturdays.

Stations of the Cross is suspended on Friday evenings but you can do the stations on your own in the church or even practice at home (see below)

Participating in the Holy Mass via Broadcast

Even though it's challenging to feel separated from Our Eucharistic Lord, we can still participate in the Mass from home via television or online broadcast. As you follow Mass from home, we encourage you to fully participate – by your vocal responses, standing, kneeling, sitting, listening, and most of all your prayer. The entire universal Church is spiritually present at every single Mass, so know that your praises, petitions, and sufferings are still being brought to the altar and lifted to heaven.

During the time when you would normally receive the Eucharist, we invite you to make a **Spiritual Communion** with the Lord. This is a way to invite Jesus into your heart and speak with Him even without receiving Him in the sacrament. A prayer for Spiritual Communion can be found [here](#).

**** Saint Christopher's will Live Stream the weekend Mass at 10 AM on Sundays on our [Public Facebook Page](#) (A Facebook account is not required to access this). After**

the live broadcast, it will remain on the page so you can watch the video at anytime. We know you'll miss our soft and comfy pews, but your recliner will do for now!

You can also follow daily Masses on TV and online through [EWTN](#) and [CatholicTV](#)

Join Saint Christopher Live!

Sad that your favorite late night show is on hiatus? Get a live update on parish life, pray the Angelus, and test your knowledge with Father David on our [Public Facebook Page](#). We will try to broadcast Monday through Friday at 12 noon.

Stations of the Cross at Home

Even though we traditionally pray the Stations of the Cross in the church with the depictions of Jesus' passion on the walls, it's a devotion that we can continue to do even at home by ourselves or with others.

There are many resources, including:

- Using the Magnificat Lenten Companion Booklet (hope you grabbed one!)
- [Print Your Own](#)
- [YouTube](#)

Articles for Encouragement and Hope!

[Pope Francis' Pilgrimage for a Miraculous Healing – Vatican News](#)

[Seven Tips to Remember if You are Scared of the Virus – Fr. Dwight Longenecker](#)

[Breaking the Power of Fearful Temptations – Mac Lucado](#)

May Saint Christopher the patron of our parish, Saint Joseph the patron of our diocese, and Blessed Virgin Mary our mother miraculously intercede for our parish, our families, and our whole world.

God Bless,

Father David
Saint Christopher Parish
Nashua, NH